

## South Route:

Saturday: 17.30 embark at the marina Maglietta (Pozzuoli) for documents and explanations (Check in)

Overnight in bed or possibility to reach Baia di Corricella (Island of Procida) - 8miles

**Sunday:** Island of Capri (30 miles): about 3 hours of sailing, to spend a day, Marina di Capri for overnight in high season only with reservation of the mooring. Recommended overnight stay at Marina Piccola except if there are unfavorable conditions with twenty knots direction from South/West. Possibility of mooring at the buoy as an alternative to the Still, nice tour of the island.

**Monday:** Capri. Trekking or walking trip of the cruise. The coastline is indented with numerous caves and coves alternating with steep cliffs. The caves, hidden under the cliffs, were used in Roman times as nymphs of the sumptuous villas that were built here during the Empire.

**Tuesday:** Sorrento (30 miles). Visit to the ground. Nice little Marina. Sorrento is one of the most popular resorts of the whole Sorrentine Peninsula and is one of those that have stronger call for tourists. It is after all a historically, artistically and naturalistic important centre,

**Wednesday:** Navigating the Sorrento Peninsula to Punta Campanella in the Straight of Capri. Up to the Bay of Nerano nice and famous for its restaurants. Possibility of overnight at the buoy. First landing of the Amalfi Coast.

**Thursday:** To spend in the Bay of Positano(49 miles) or at your choice in Amalfi (55 miles) The climate in Positano is characterized for most of the year by a pleasant and refreshing sea breeze, which allows you to visit Positano for a period that runs from March to October, despite this, given the huge tourist influx that floods the streets Of the city, it can be difficult to stay in the months of July and August because it is really hot.

Among the main things to see in Positano are the typical narrow and sinuous streets, or better stairways that connect the upper part of the city to the beach.

**<u>Friday</u>**: Start navigating back to the base with the possibility of stopping in Capri or Marina di Procida for the refueling.

If you choose South option you can continue towards the Aeolian Islands. The first, Stromboli(130 miles), High cliffs broken by small sandy beaches blackest alternating with coves and grottoes, the white Mediterranean houses, the green of the palms, the olive trees, the citrus fruits that rest on a bitter but fascinating volcanic cone secluded in a blue sea intense and can be reached in about 18 hours of sailing from the base of Pozzuoli directly or continuing the tour towards south from Amalfi with some Stops in Punta Licosa (80miles). or stopping at Acciaroli (68 miles) (Marina with services and Gas station) in Cilento coast. Acciaroli is a seaside resort and as such offers its best in summer times. The beaches and the sea are really lovely and suitable for the whole family because the stretch of beach is very wide with soft sand and golden and excellently equipped. However, could be a good choose stopping in Marina di Camerota (95 miles) with coastal navigation (Marina) and Cala Infreschi.

Aeolian Islands: Stromboli not recommended mooring with the anchor at night. Distances between the Aeolian Islands considering the island of Central Salina and equipped with a new Marina with services and gas station. Salina/Lipari4 miles. Salina/volcano 6 miles. Salina / Panarea 11 miles. Salina/Filicudi 15 miles.

The distances in journey time have been calculated according to an average speed of the boat of 6 nautical miles per hour.