

CRUISES Menu LEEWARD & society ISLANDS 8 AND 10 DAYS

Breakfast:

COFFEE, TEA, HOT MILK, CHOCOLATE, FRUIT JUICES, FRESH FRUIT, CEREALS, TOASTED BREAD, BUTTER, JAM, HONEY, NUTELLA, PEANUT BUTTER, MADELEINE, PANCAKE.

Tea time:

TEA, COFFEE WITH CAKE AND / OR FRUITS

Saturday

Lunch

Starter: Tropical salad: local shrimp, basil, pineapple

Main course: Tahitian raw fish with rice

Dessert: Plate of fresh fruits

Dinner

Starter: smoked swordfish

Main course: ginger / lemon chicken with semolina and raisin

Dessert: Chocolate cake with a local vanilla ice cream

Sunday

Lunch

Starter: Carpaccio of fish with coconut milk and curry

Main course: Fish Bread with a pasta salad

Dessert: Banana split

Dinner:

Starter: raw fish with a soy and sesame sauce

Main course: Mix Grill with potatoes gratin and mixed vegetables

Dessert: Crumble with whipped cream



Monday

Lunch:

Starter: avocado salad

Main course : Tuna Carpaccio and taboulé Dessert : Papaya or banana with coconut milk

Dinner:

Starter: Tomato Carpaccio with basil and goat cheese

Main course: leg of lamb from N. Zealand with semolina and ratatouille

Dessert : Chocolate mousse

Tuesday

Lunch:

Starter: smoked salmon

Main course: Quiche with mixed salad

Dessert: Choice of ice cream

Dinner:

Starter: Banane Féi - local cooked bananas, bacon with prunes.

Dîner: Mahi-mahi fish, vanilla sauce of Tahaa, green beans and local cooked bananas

Dessert: Small desserts with vanilla cream

Wednesday

Lunch:

Starter: Mixed salad with Taro and bacon Main course: Chicken thigh with pasta

Dessert: local yogurt with mango

Dinner:

Starter: Carpaccio of tomatoes and mozarella

Main course: grilled rib steak with sauteed potatoes and green vegetable

Dessert: flaming banana with vanilla ice cream



Thursday

Lunch

Starter: Sushi

Main course: Tuna tartar and half cooked tuna, salad of quinoa

Dessert: mango sorbet

Dinner

Starter: ham and melon

Main course : Mahi-mahi cooked in tahitian beer, sautéed zucchini and sweet potato purée

Dessert: banana cake

Friday

Lunch

Starter: fish cake wiht mango chutney

Main course: Seared tuna with a mixed salad and crouton

Dessert: fresh fruit salad with ice cream

Dinner

RESTAURANT LE FICUS

Or

Starter: Grapefruit Carpaccio

Main course: Shrimp in a curry / coconut milk sauce with tagliatelle

Dessert: blueberry cheesecake

~ 3 LAST DAYS OR 3 FIRST DAYS OF THE POLYNESIA DREAM CRUISE

Saturday

Lunch:

Starter: pineapple carpaccio

Main course: Fried shrimp with a mixed salad

Dessert: Chocolate cream



EVENING: SEA CROSSING TO MOOREA

- Delicatessen and cheese platter or sandwich (according to weather)

Sunday

Lunch

Starter: country terrine

Main course : fish brochette with yam puree and vegetable

Dessert : Tiramisu

Dinner

Starter: Garlic raw fish and coconut milk

Main course: Roast beef with zucchini gratin, fey and potato, grated carrot

Dessert: coco and chocolate pie

Monday

Lunch

Starter: Potato salad

Main course: Sashimi with rice and 2 sauces

Dessert: White lady

Dinner

Starter: plate of salmon

Main course: Shrimp with a curry sauce, tagliatelle

Dessert: Chocolate fondant