

Base Guide

EVERYTHING YOU NEED TO KNOW TO ENJOY YOUR NEXT DREAM DESTINATION





BASE ADDRESS

La Trinité sur Mer

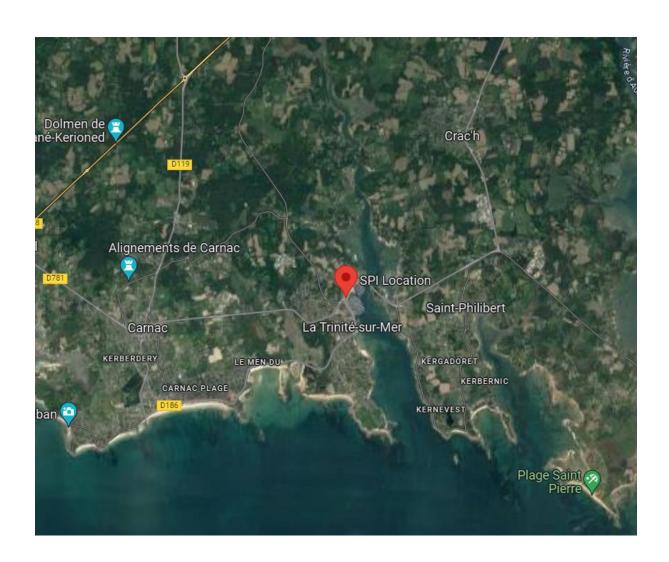
38 Cours des Quais

La Trinité sur Mer 56470

GPS POSITION: 47°35'26.2"N 3°01'44.0"W

OPENING HOURS: 8am - 6pm

BASE MAP





BASE CONTACTS

If you need support while on your charter, contact the base immediately using the contact details in this guide. Please contact your booking agent for all requests prior to your charter.

BASE MANAGER & CUSTOMER SERVICE:

Base Manager: David Josset

Phone: +33 676 47 84 43 / +33 9 55 26 64 49

BASE FACILITIES

	\square Luggage storage	
⊠ Water	⊠ Restaurant	
⊠ Toilets	⊠ Bar	
⊠ Showers	⊠ Supermarket / Grocery store	
⊠ Laundry	⊠ ATM	
□ Swimming pool	⊠ Post Office	
⊠ Wi-Fi		
BASE INFORMATION		
LICENSE		
Sailing license required: □ Yes □ No (good sailing experience required)		
PAYMENT		
The base can accept: ⊠ Visa ⊠ MasterCard □ Amex □ Cash		
EMBARKATION TIME		
Boarding time is 02:00pm.		

YACHT BRIEFING

The chart and technical briefing take approximately one hour. All briefings are conducted on the chartered yacht and will take 40-90 minutes, depending on yacht size and crew experience



The team will give a detailed walk-through of your yacht's technical equipment, information about safe and accurate navigation, including the yacht's navigational instruments, as well as mooring, anchorage and itinerary help. The safety briefing introduces the safety equipment and your yacht's general inventory.

STOP OVERS

The marina is free for stopovers during your charter.

You must stay in the marina on your last night.

DISEMBARKATION TIME

Disembarkation is at 8am.

Return to the base before 5pm on the last night of your charter.

The team will inspect your yacht's equipment and a general visual check of its interior and exterior. A diver will check its hull, keel, rudder(s) propeller(s) and /or bow thruster. General inspection will take approximately one hour.

BAGGAGE

Please only take soft bags and not suitcases, as they would be too cumbersome onboard.

BASE AND EMERGENCY CONTACTS

- Base emergency telephone number: +33 9 55 26 64 49
- Marina emergency telephone number: +33 2975 57 149
- Coastguard emergency telephone number: +33 29 755 3535
- VHF marina channel: 09
- VHF emergency channel: 16



HOW TO GET THERE?

ACCESS BY PLANE

Lorient South Brittany airport is 55km from the base, which is a 50 minute journey by car/shuttle. There are regular flights from Paris with HOP and Air France. Please check the schedule on the airport website.

Nantes Airport (NTE): The airport is 175km from the base, which is a 120-minute journey by car/shuttle. Please check the schedule on the airport website.

Rennes Bretagne Airport (RNS): The airport is 160km from the base, which is a one hour and 50- minute journey by car/shuttle. Please check the schedule on the airport website.

TRANSFERS FROM THE AIRPORT TO OUR BASE

If you need organized transfer from the airport, please contact our base manager. Major car rental companies operate from the airport, please refer to airport website for info, working hours and contacts. Taxis are regularly available in front of the airport buildings.

ACCESS BY ROAD

From Nantes, head to Brest on the N165. Exit Auray/Quiberon and head to La Trinité sur Mer.

ACCESS BY BUS

From Auray Train station, take the bus to Trinité/Carnac/Quiberon.



PROVISIONING & RECOMMENDATIONS

BASE PROVISIONING SERVICE

This base provides a provisioning service: \square Yes \boxtimes No

LOCAL SUPERMARKET

In the marina:

Carrefour Market

Place de Voulien

56470 La Trinité/Mer

Day	Time
Monday - Saturday	8.30am-8pm
Sunday	9am-12.30pm

Intermarche (6km from the base)

Zone commerciale les Alizés 56950 Crac'h

Opening hours may differ during public holidays and are subject to change without notice.

FUEL AND WATER

Fuel and water are conveniently located at the marina with 24 hour fuel self-service available.

HOTEL SUGGESTIONS:

- L'ostrea Hotel
 - 34 cours des Quais | Entrée : au 2 rue des Résistants, 56470 La Trinité-sur-Mer

RESTAURANT SUGGESTIONS:

• Le Quai (French, seafood)



AREA GUIDE

LOCAL AREA INTRODUCTION

The coastline of southern Brittany in France is a sailor's dream. You will find it hard to plan your itinerary, as there are so many wonderful harbours and ports, superb beaches, scenic islands, quiet anchorages and quaint villages to choose from. Southern Brittany provides the perfect backdrop for an unforgettable vacation along the northwest coast of France.

Our base is in the Marina at La Trinité-sur-Mer in southern Brittany, which provides easy access to the renowned Quiberon Bay. Experienced sailors will be hard pressed to choose between the scenic bays, rivers, ports and islands located within.

The currents are strong and tides vary greatly along Brittany's coast – perfect for skippers with experience of tidal ranges. Or you can hire a local skipper to show you the best of Brittany's coastline.

You do not need a sailing license to sail here, but good sailing experience is recommended and preferred, or you can hire a skipper.

TOP THINGS TO DO IN BRITTANY:

- 1. Sail to Belle-Île-en-Mer: The island's name means "Beautiful Island in the Sea", which is fitting as it has a fine position in Quiberon Bay on Brittany's southwest coast. The island has four small villages to explore.
- 2. Morbihan Megalithic Sites: A quiet bay in southern Brittany, the Gulf of Morbihan is connected with the Atlantic Ocean by a narrow channel. Morbihan is filled with megalithic sites, fascinating stone structures which are some of the most ancient found anywhere in the world it's one of our favorite things to do in Brittany.
- 3. Sept-Îles (Seven Islands) archipelago: If you are on a longer charter, head around the coast off Perros-Guirec where there are seven peaceful, mostly-uninhabited islands which attract an unusual number of rare birds that otherwise rarely nest in France, including the popular and beautiful puffin. The islands have been made a national reserve to ensure their protection.



- 4. Explore the harbor of Saint Goustan in Auray: Wander along the quay of this scenic port and enjoy the beautiful historic buildings along cobblestone paths, quaint cafes and waterside bars.
- 5. The megaliths of Carnac: One of the top things to do in Brittany is visit these world famous "standing stones", which are 7,000 years old and one of the most important sites of European prehistory in existence. Their sheer size and numbers make them the largest group of standing stones of this type in the world.

CURRENCY: Euro (EUR)

VOLTAGE: 220V

DIALING CODE: +33

CUSTOMS CLEARANCE

US citizens must have a passport issued within the past 10 years that is valid for a minimum of six months at entry and valid for an additional three months beyond the planned date of departure. Visas are not required for stays of less than 90 days.

Talk to us to make sure you have the correct documents before you travel for your Brittany sailing vacation.

INTERNET

There is free Wi-Fi at our marina and you can hire a 4G modem for your yacht in advance of your charter. Internet access is available via cafes and Wi-Fi hotspots, but you may need to pay. Cell phones can work depending on zones but don't forget the roaming fees!

ENVIRONMENT

- Respect your surroundings and leave only footprints in the sand
- Only use the engine or genset when needed (fill up your tanks for the water maker at the docks when you can)
- Recycle your garbage in the correct containers at the marina
- Respect regulations around marine reserves and private islands where disembarking is not permitted

REGULATIONS

Night sailing is forbidden in the Gulf of Morbihan. For night sailing in other areas, request permission from the base manager before leaving the marina.

Information subject to change without notice.



SAILING CONDITIONS

SAILING AREA

When sailing along France's Atlantic coastline, there are endless opportunities to sample the local seafood, cider and crepes. Muscadet, a fruity, white French wine that is made in the Loire Valley, pairs perfectly with the region's seafood cuisine.

Some of the region's highlights include Île aux Moines' scenic walks, a favorite destination for those looking to unwind. Alternately, head to Île d'Arz's lovely creeks and coves during your Brittany sailing vacation, which are popular stops for taking a dip.

The Morbihan area is home to many prehistoric megalithic structures. The large stones were used as monuments or to construct buildings. Gavrinis, a small, uninhabited island, hosts what may arguably be Brittany's most impressive Neolithic site, built roughly between 4,500 and 3,000 BC. Its pyramid- shaped stone burial chamber features a long, stone passageway with walls are covered with beautiful, ancient carvings and artwork.

WEATHER

The best time to visit Brittany is from April to October, when the weather is warmer.

TEMPERATURE

Climate in La Trinité sur Mer, Brittany:

Summer high: The July high is around 72°F

Winter low: The February low is 39°F

WIND SYSTEMS

The sailing conditions in Brittany are oceanic with winds year-round. The wind mainly blows moderately from the southwest. On sunny days, it is generally quiet in the morning with winds reaching force 3-5 in the afternoon due to thermal winds. Sailors will appreciate the agreeable conditions during April, May and September, making it an ideal time for a Brittany sailing vacation.

There are special sailing considerations as Brittany has the fastest tides in Europe. The large variation in the tides creates very strong currents. Quiberon Bay is sheltered from the Atlantic Ocean swells by the Quiberon peninsula, Houat and Hoëdic islands, which makes for easier cruising conditions. The Gulf of Morbihan (Morbihan means "little sea" in Breton) is also sheltered from the Atlantic but has significant tidal ebb and flow.

LOCAL FORECAST

You can find weather forecasts on the MeteoFrance website both before and during your Brittany yacht charter.